

KELLY KALL

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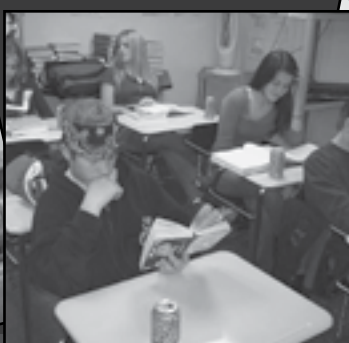
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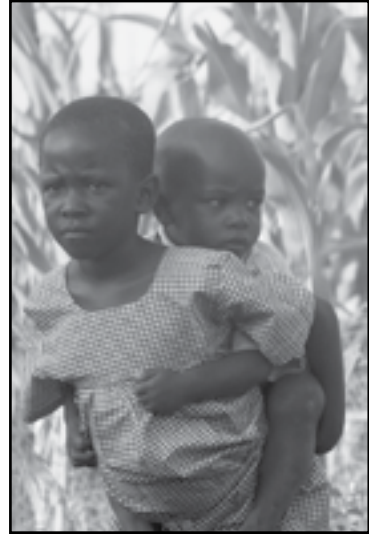
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Seeing the invisible

Raising awareness on an unseen war

By Kayla Petrie – copy editor

Over 30,000 children have been abducted and forced into war in Northern Uganda over the past twenty years, but many people in the United States are just recently becoming aware of their situation.

Three American documentarists from California searched the world for a story in 2003 when they came across an unseen war and what they now call the Invisible Children.

Every night 'tens of thousands of these "Invisible Children" walk from their villages to the bigger towns where they can find a building to sleep in where they will hopefully be protected from the possibility of being abducted by the Lord's Resistance Army (LRA) and forced to fight with the rebels against their own families.

Because of the need for them to fight among the Rebels, male children seem to be the most targeted for abduction. This does not mean that female children are not targeted as well. The girls are taken and soon become sex slaves for the members of the Lord's Resistance Army. If any of these children, male or female, try and escape or fight off the rebels, they are subjected to extreme

violence. Approximately 130 people die per day because of violence in Northern Uganda.

Some of the ways that they have been known to torture the children is by cutting off noses, lips, and ears to send a message to the world that no one should listen, smell, or speak of the Ugandan government. In another instance, a young girl tried to escape, and after being caught, the LRA made the rest of the girls bite her until she died. It took her a very long time to die. These are just a few of the many ways the LRA tortures the children they have abducted, as well as random civilians.

After seeing these children commuting every night and hearing the many stories of those who had been abducted, the American documentarists decided it was time to take a stand. They realized that the only way to do this was by raising awareness around the world, and with their video cameras at their sides, they had just the tools to do it.

They started a non-profit organization called Invisible Children Inc. in 2004, produced their documentary, held thousands of screenings, and even joined

the myspace craze to help get the word out.

Despite their determined efforts, many people are still naïve to the war and all that goes along with it.

"I never heard about the war or Invisible Children until this summer when I traveled to Uganda, Africa. I learned a lot of information while I was there, and when I got home I researched more about exactly what they

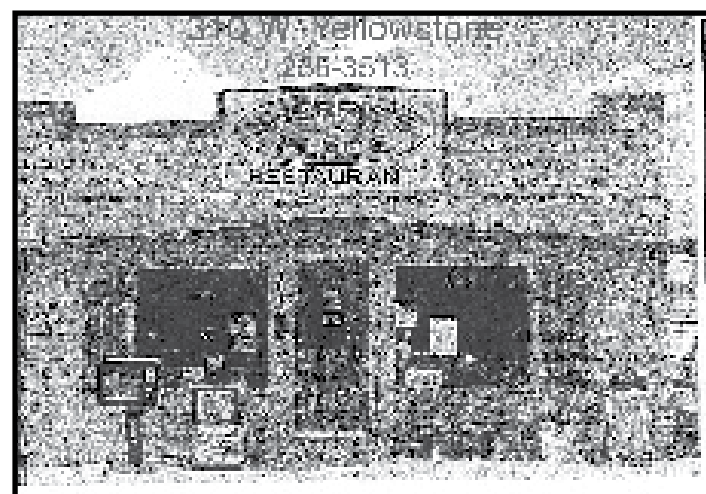
do," explained senior Kaylin Potter. "I know it's something that's a huge problem and it needs to be prevented. I support what [they] are doing, and it is something that should be addressed."

Even Kelly Walsh art teacher, Mr. Slafter, who could tell stories of the time he spent teaching in West Africa, was not fully aware of the war going on. After expressing that he didn't know much about the

war or Invisible Children he stated, "Africa is a very misunderstood and tragic place. It has been abused and neglected for years."

The founders of Invisible Children are trying to change that, and they believe the only way to make a change in Uganda and other places in need, is to educate and empower the rest of the world to do so.

All photos by Andrew Mittelstadt and Kayla Petrie



Unsung Heroes

The Volunteers of AmeriCorps and Peace Corps



Andrew Mittelstadt – copy/photography editor

The men and women of the Peace Corps and AmeriCorps have sacrificed many years of their lives, with no pay, by traveling overseas to help people in desolate need.

From the deserts in Africa to the Pacific Islands, volunteers of the Peace Corps and AmeriCorps reach out to hopeless people around the world by teaching youth, supporting community development, providing much needed health services, AIDS awareness and relief, along with numerous other relief efforts. The Peace Corps touches lives and gives their aid and support in over 71 countries worldwide.

The Peace Corps recently celebrated its 45th anniversary, at which the director Gaddi H. Vasquez announced, "We salute the 182,000 current and returned Peace Corps Volunteers for their legacy of service at home and abroad for 45 years. The Peace Corps will continue to move forward with future generations of volunteers who will continue that legacy of sharing a vibrant, wise, and generous America with people around the world."

Kelly Walsh sophomore, Collin Rudkin, expressed his feelings towards the Peace Corps and AmeriCorps volunteers, "I think it's great that there are people that will give up part of their life to keep the peace somewhere other than home... it's a big sacrifice."

The Peace Corps' and AmeriCorps' dedication to the well being of the world has not gone unnoticed, but the praise for these heroes is



Photo courtesy of Tiffeny Shockey
Shannon Pontowski holds hands with an African child in Chapuye, Uganda. Shannon was visiting Uganda with a small group of volunteers, including several Kelly Walsh students.

minimal for what they deserve. In daily life those who give up their lives to make the world a better place are often forgotten. These unsung heroes

deserve praise because through all the war, terror, famine and disease, it is people like these who give hope to the world.

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Kelly Walsh bandits still at large

Police continue investigation

By Jessica Brauer and Ashley Brown – head editors

“The investigation is ongoing. I cannot release any information at this time,” Officer Steve Adelman disclosed in regards to the thousands of dollars worth of Kelly Walsh property stolen this summer. Many teachers had personal belongings as well as school-owned items stolen over the course of this past summer. Ms. McCoy, Mrs. Davis, Mr. Davis, Mrs. Box, Mr. Miller, Mr. Reimer, Mr. Chavez, Mrs. Alvar and Mr. Mahaffey were all victims in the unknown criminal’s tirade. The dollar estimate of items taken has yet to be totaled, but Mr. Davis confirmed that it was thousands of dollars worth. However, no price can

be put on the personal belongings taken. Mainly laptops, cameras and projectors were stolen. Campus supervisor Al Mundell put it simply, “Most of the stuff they’re taking is high-tech stuff.” Mr. Mahaffey had one Apple iBook, several still digital



Photo by Jessica Brauer
Mr. Mahaffey aids the hard working students in his Intro. to Graphic Arts class. Although \$1800 worth of equipment was stolen he continues to make do with what he has.

“ It’s been a very discouraging summer.”
-Mrs. Davis

cameras and four video cameras stolen, which were altogether worth approximately \$8,100. Mr. Mahaffey was only one of many affected by the thefts. The vocational department was also affected. The construction storage room was broken into and the auto shop had a tester taken. Librarian,

Mrs. Davis, had only one PC laptop stolen, but she serves on the technical committee and found the burglaries, “very discouraging.” While the electronics can be replaced, personal items cannot. Ms. McCoy had items that she has had since high school stolen and other personal items tampered with. Mrs. Davis said disappointedly, “ I always knew we had to be real careful. It’s been a very discouraging summer.” With Kelly Walsh missing an abundance of electronic tools used by students, and few items returned, police continue their investigation to bring this terrible ordeal to an end.

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Hard work literally pays off

Hathaway offers an affordable way to college

By Alex Young - staff writer

Wyoming now has an advantageous scholarship program that helps those who want to get to college; the Hathaway Scholarship.

Lawmakers started the Hathaway Scholarship benefiting the graduating seniors of 2006 to help Wyoming students afford college. It was named after the former Wyoming governor, Stan Hathaway. Even home-schooled students or those with a GED can qualify as long as there is no felony on their record, and they have signed up for the United States Selective Service.

With the merit award, students can earn anywhere from \$800 to \$1200 to help pay for college tuition. Anyone who is planning on going to college can look into the Hathaway Scholarship. Most students can qualify for some level.

Another scholarship opportunity for a few eligible students is Daniel’s Fund. Daniel’s Fund was founded by Bill Daniel, who hoped

to instill seven philosophies into students and communities: honesty, integrity, humanness, reliability, loyalty, innovation and community spirit.

Lindee Bynum, a 2004 Kelly Walsh graduate was awarded a Daniel’s fund scholarship. The process lasted two years, and started when Bynum was only a sophomore.

Bynum earned the scholarship for many reasons. Her parents were both sick and couldn’t afford college. To qualify she had to complete community service hours and retain at least a 2.0 GPA. “I also had to work steadily,” added Bynum. Teacher recommendations also helped her achieve the scholarship.

Bynum concluded, “Honestly, without Daniel’s Fund, I wouldn’t have been able to go to Laramie and meet so many people and learn so many things. The scholarship really helped me.”

Hathaway Scholarship Awards

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Min GPA of 3.5 or GED score 575
Min ACT of 25

PERFORMANCE-\$1,200/semester
Min GPA of 3.0 or GED score 540
Min ACT of 21

OPPURTUNITY-\$800/semester
Min GPA of 2.5 or GED score 500
Min ACT of 19

CAREER-\$800/semester
Min GPA of 2.5 or GED score 500
Min ACT of 17

New store relieves pressure from Eastside

West side Wal-Mart opens

Andrea Dahill – staff writer

All around the world Wal-Mart is known for unbelievably low prices and a place where one can find practically any necessity.

The so-called, “One-stop-shop,” has its ups and downs. According to Chris McAulay, “You have to know the right times to go, or else good luck finding a parking space!” Long lines and busy parking lots are two reasons why people avoid the store during busy hours.

With the west side booming with new businesses, Wal-Mart has added itself to the growing population. The business, which is located on the corner of CY and Wyoming Boulevard, has changed the quiet atmosphere into a busy, upbeat place. “One definite change is the traffic coming into town,” notes Danielle Brown, a sophomore. Brown is one of many students who lives on the West side and has been affected by the new business. She says that she leaves her house around 7:10 am and the traffic has increased a little. Knowing the right times to drive will help lower time spent waiting in traffic. She also recommends to shop at Wal-Mart on weekdays,

before people get off work to avoid traffic.

According to the annual Wal-Mart report from 2006, the company faced 57 wage and hour lawsuits. In December 2005, the company was also ordered by a California court to pay \$172 million for failure to provide meal breaks to nearly 116,000 workers, which is a required state law.

Despite recent feuds with Wal-Mart, the company continues to build their business in cities and towns everywhere. People who oppose Wal-Mart strongly recommend that we

support local businesses to help keep our city from relying on only one



Cars swarm the new Wal-Mart parking lot on an average afternoon. The new business has brought traffic to the west side.

Photo by Andrea Dahill

business (Wal-Mart).

“With the price of gas, it’s convenient not to have to drive all the way over

to the East side.” Stated Mrs. Lyden, an employee at Kelly Walsh.

The new business is

sure to bring more people to the West side and be a great convenience for many.

New school year brings new freshmen

New freshmen at Kelly Walsh

Kayla Gilbert – *copy editor*

To many new students, high school may seem like an intimidating place, but to the new freshmen at Kelly Walsh it didn't seem scary at all. The new ninth graders at Kelly Walsh seemed to be fitting perfectly fine. High school may have seemed frightening to them at first, but by the time most got used to it, they realized that high school is just a like any other.

When asked how his first day was, Lauren Detweiler answered, "It was nerve racking. I was really nervous, and it was something new."

Uriah Rohrer mentioned that he chose to come to Kelly Walsh because he likes the block scheduling, and it was close to his house. Many of the freshmen mentioned that they chose Kelly Walsh because they

have always wanted to attend the school, their parents had made them come, or because they thought it was better than all the other schools.

To several of the students, Kelly Walsh was unknown territory. They had no idea where anything was. Fortunately, some of the freshmen had older brothers or sisters to help them find where they were going.

"I got lost trying to find a portable, but I asked a teacher for help," replied Sara McCormick, one of the countless students who got lost on the first day of school.

Socorro Chavez answered with, "It was pretty easy to just cruise through," when asked how his first day was as a high school student.

Freshmen might be underclassmen, but they hold their own when it comes to fitting into the high school



Photo By Kayla Gilbert
Alex Haass reads in Mr. Houwery's second block English class after winning the library scavenger hunt. Alex is one of the many students joining the freshmen class at Kelly Walsh.

Pluto doesn't make the astronomical cut

Astronomers demote Pluto from planetary status to "dwarf planet"

By Lynzie Ford – *staff writer*

After a riotous week of clashing over the essence of space, the International Astronomical Union (IAU) declared that Pluto is no longer a planet, according to new information posted on Space.com. The dearly missed Pluto no longer makes the grade when it comes to the new rules for a planet: "A celestial body that is in orbit around the sun, has sufficient mass for its self-gravity to overcome rigid body forces so that it assumes a...nearly round shape, and has cleared the neighborhood around it."

Rather than being a part of the "classical" planets: Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus and Neptune; Pluto has been deemed a "dwarf planet," or better known as a "minor planet." The decision made at a conference consisting of

2,500 astronomers from 75 countries was a major shift from the initial intention of the conference, which was to actually reaffirm Pluto's planetary status.

The reason for Pluto's exemption included such things as its tiny size, odd orbit, and orbital plane. The verdict, however, did not sit comfortably with all the astronomers who were in attendance. There were days of antagonistic debate, and after reaching the final decision, reactions amongst the astronomers varied. Many offered their agreement with applause, and several others sat quietly showing discontent.

When Rod Kennedy of the Casper Planetarium was interviewed about his opinion on whether or not he thought Pluto should still

"... in my opinion Pluto and similar bodies don't deserve planet status. It would take the magic out of the solar system." - Michael Brown

be a planet he said, "No, I do not because it doesn't fit neatly with the other planets. Its too small, rocky and it has an inclined orbit making it unlike the others that are considered planets."

He added, "In my opinion a lot of people didn't want to even bring up the issue, but others argued that if Pluto were to remain a planet then they would have

to add hundreds of other smaller dwarf planets that are similar to Pluto as well."

When asked if Pluto doesn't fit the criteria of a planet why was it named one in the first place, he answered, "When it was discovered in

the 1930's there was nothing else to compare it to, but now with our new technology we can see more than ever. With bigger telescopes and satellites like the Hubble taking pictures they have discovered many more celestial bodies that are similar to Pluto, but that wouldn't be considered planets."

Michael Brown, the discoverer of another

dwarf planet named Xena, was quoted saying, "I am pleased with the decision, in my opinion Pluto and similar bodies don't deserve planet status. It would take the magic out of the solar system."

While Pluto, now known simply as 134340, has been officially cut out of the "classical" planet club, it will not be forgotten. Several astronomers have started a petition, saying that the decision made on Pluto was undemocratic. They also plan to hold another conference next year that they believe will overhaul the definition of a planet. By doing so possibly being able to reinstate Pluto into the elite body of planets that it once belonged to, many say they have a feeling this will not be the last we hear from Pluto...or as it is now known0., 134340.

Elections are around the corner

Biographical info on 2006 candidates is now available

By Elise Butler – *staff writer*



Photos by Elise Butler
These are a few of the Democratic signs that have been popping up around Casper. Dave Freudenthal, Dale Groutage, and Gary Trauner are all running for high offices for the 2006 election.

2006 is an election year for many state officials. Wyoming has several candidates running for governor, the U.S. House of Representatives, and U.S. Senate.

The race for the U.S. House of Representatives has two candidates. The Republican candidate is the incumbent, Barbara Cubin, while the Democratic candidate is Gary Trauner. Cubin has had significant experience in the House, having worked there since 1994. She is a member of the House Energy and Commerce Committee and the House Resources Committee. Cubin also attended Creighton

University in Omaha, Nebraska, where she received her bachelor's degree in chemistry. However, Trauner also has some experience. He graduated from Colgate University and obtained a MBA from the Stem School of Business at New York University. He also co-founded OneWest.net when he moved to Wyoming in 1990. The campaign trail for the House is clearly a tough one this year.

The United States Senate also has a tough race this year. The Republican candidate is Craig Thomas, the incumbent. Running against Thomas is Dale Groutage, a Democrat.

Cubin also attended Creighton Groutage is an engineer,

with a bachelor's, master's, and PhD in science and engineering. He attended the University of Wyoming. Groutage was also in the military during the Cold War. Thomas has been in various politics since 1965, where he worked as the executive vice president of the Wyoming Farm Bureau. He succeeded Dick Cheney in the House in 1989, when Cheney resigned. He was elected into the Senate and has been there ever since. Neither of the candidates had opponents in the primary elections.

However, back in Wyoming, there are the campaigns for governor. The current governor, Dave



Republican candidates are also getting a lot of support from voters in this city. Barbara Cubin and Craig Thomas' signs have been visible all around Casper as the 2006 general election nears.

Freudenthal, is running for re-election. His opponent is a Republican by the name of Ray Hunkins. Both candidates have political experience. Freudenthal is married to Nancy Freudenthal and has four children. He has a bachelor's degree in economics from Amhearth College. He was the U.S. Attorney for the District of Wyoming before entering the office of governor. He left that post in 2001 and defeated Eli Bebout in the 2002 election. Republican Ray Hunkins is an attorney, rancher, and former police officer. Hunkins is a United States Marine Corps veteran, as well. His many plans can be found on his website,

www.hunkinsfor-governor.com. These plans include cutting property taxes and eliminating the meth problem in Wyoming. Many people are excited to see the outcome of the governors' race.

There are county elections taking place all over the state. There are elections being held for county clerk and sheriff, to name a couple. However, the national elections are definitely in full swing, as residents can tell by the numerous candidates' signs popping up around town. November 7, 2006 is Election Day, and all questions about who will be in office will be answered.

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Do away with homework?

Teachers give opinions on after-school work

By Mollie Smith - assistant editor

It is not unusual to hear students in the halls of schools in Natrona County schools grumbling about the load of homework they receive.

The issue of overloaded students and whether or not teachers should assign homework at all has been raised time and time again. The question concerns whether or not homework should remain a part of educational process. A few teachers from Natrona County School District shared their thoughts about the amount of homework given.

Dave Golen, an instructional facilitator in Natrona County, thinks homework can be detrimental to a student's education. "A little bit of homework goes a long way," said Golen. When asked if he believed the teachers

in the county gave too much after-school work, he replied, "No, kids should be using their class time more wisely."

Rosie Dusel, a librarian at KW, had a message for students and teachers alike in the district. "I think you guys [students] are overloaded, and I think teachers have their hands full getting everything they need to teach taught." She disagreed with Golen somewhat, however.

"I believe homework could be cut at least in half. Kids being so stressed is not going to help them focus during the day."

Sandra Stille, an English teacher, believes that the homework load for each student is fairly balanced. Stille said, "I think it all evens out. Some teachers give a lot; some give none at all."

Tim Wilcox, a science teacher in the district, thinks that certain subjects call for work outside of school to get the most out of a student's ability to learn. Wilcox believes, "Some subjects just need more homework. I think math is one of those subjects. You need to go home and use the skills outside of class."

Another major issue is the question of whether or not an outlandish amount of homework each night will seriously affect a student's personal life. Sandra Stille thinks that perhaps students are doing too many activities and that prevents them from getting their work finished in time for the next day. "Some kids are over-involved. Maybe they have two sports, and by the time they get home it's ten or eleven o'clock. But kids still need time to do the

stuff they like, like check their myspace or talk to their boyfriend or girlfriend on the phone."

Tim Wilcox thinks that how a large homework load will affect students rests in the hands of parents. When asked if homework affected students' personal lives, he replied, "Yes and no. Yes if the parents aren't involved. Homework gives parents a great opportunity to get involved with their kids. Definitely not if the parents aren't involved. Then it's just taking the kids away from their families."

According to all of the teachers interviewed there are more suitable ways for teachers to cut down on the load of homework they give their students while still maintaining the quality of education the kids deserve. Billie Hadley, a social studies teacher, thought teachers

should "pick out the things that are the most important. Make sure that students understand the main concepts. Teachers could also collaborate with other teachers. If two teachers are doing a project together, students can do homework for two classes at once."

Mrs. Dusel thinks, "there should be a limit how much homework teachers should be able to assign."

While the issue of homework and the amount that should be given, or whether it should be given at all, still remains unsettled, Dave Golen ended his interview with a very interesting thought. "The rest of a person's life, they're going to have some type of homework. Homework teaches students a life lesson and teaches discipline."

New companies excite residents

Casper sees recent increase in development

By Elise Butler - staff writer

There has been an economic boom forcing hundreds of people to flock to Wyoming, and Casper is finding more ways to accommodate the growing community.

Businesses that have never been seen in Wyoming have discovered that there is a market here for their products. In the past few years, Casper has seen the arrival of Sportsman's Warehouse, Old Chicago, and Hollywood Video arrive, just to name a few. However, the development of this city is still in progress. Casper can now expect to see PetCo, Starbucks, Staples,

and Office Depot. Many Casper residents are thrilled that their favorite stores have finally come to town.

Amanda Silveira, a senior, explained that she is excited to have "Starbucks because I love their big cinnamon rolls and their coffee is delicious."

Starbucks will undoubtedly be a successful business with local high school students and young adults. Coffee shops seem to be popular among Casper teens, and this business is sure to be no exception. Starbucks will surely be popular before school, and it will not be long before employees are filling

orders for students' espressos.

The PetCo weekend grand opening was held from September 22, 2006 to September 24, 2006. The store features an aquatics department that includes an aquatic setup and delivery system. Petco also offers full-service grooming and a self-service dog wash. There is also a canine education program available. Pet photography is another option available at the Casper store. There is no doubt that pet owners will be thrilled at the opportunity to take their pets shopping. PetCo is destined to be a success among pet owners, and it is evident that Casper

teens are enthusiastic about the store as well.

"I'm most interested in seeing PetCo because it would be cool having a giant pet store all about the animals," Britani Siek, a senior, excitedly stated.

However, students also can look forward to easier school supply shopping in the future with two new office stores in town. Office Depot and Staples have not yet released grand opening dates, but the two businesses should be in Casper in the next few years. Both sell typical school supplies, such as spiral notebooks, pens and pencils, computers, and furniture.



The city of Casper has seen many new businesses in the past few years. PetCo and Staples are among two of the city's new companies.



Photos by Elise Butler
PetCo proved to be a popular stop for both shoppers and their dogs. The grand opening for PetCo was held from September 22, 2006 to September 24, 2006.



The new Office Depot will be right next to the current Hobby Lobby. All of these businesses are coming to accommodate the growing Casper community.

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Trojan fights for life

Student Melissa Berg battles against a life threatening disease

By Kurtis Butler - copy editor

On July 17th, Kelly Walsh sophomore Melissa Berg was diagnosed with a life threatening disease called autoimmune hepatitis.

Berg, 15, was a normal teen until then. She was an honors student, played soccer for the Casper Blades and was musically enthused, being a pianist and violist. It wasn't until recently that she was hit with this deadly disease.

"I couldn't believe it happened to her," said sophomore April Lubenow,

who has been Melissa's friend since first grade. "I thought, 'How could this happen to someone so healthy and active?'"

Autoimmune hepatitis is a deadly disease in which the immune system sees the liver as foreign to the body and attacks it.

Within days of being diagnosed, Melissa was flown to the Children's Hospital in Denver, Colorado. Her liver and kidneys were failing, and soon she would be in critical



Courtesy Photo
Melissa Berg kicks the ball away from the competition. Melissa played soccer for the Casper Blades before she was struck with the deadly disease.

need of a liver transplant.

The community rallied to her support, as the Children's Organ Transplant Association (COTA), a national nonprofit charity, began to raise money for her medical expenses at various fundraisers.

It was on September 1st, nearly a month-and-half after being diagnosed, that she received a liver transplant. She has been on the road to recovery since.

Karin Fakelman,

COTA member and campaign coordinator for Berg, said that "Emotionally she has her good days and bad days... Melissa gains strength from knowing that so many are supporting and praying for her."

For more information on Melissa's condition go to carepages.com, under the page "MelissaBerg." Thoughts and prayers are greatly appreciated.

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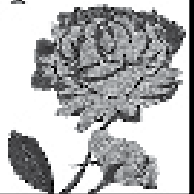
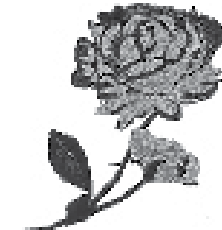
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Hungry? Can't grab much

School store sales declining due to school district's nutrition regulations

By Jessica Wilkinson - staff writer

New nutrition guidelines in Natrona County have left students hungry and unsatisfied.

"People ask for stuff we don't have anymore, and we have nothing to say but sorry," commented Ashley Stephens. With the new nutrition rules in Natrona County, the school store and vending machines had a change in variety. Health food is the new thing around Kelly Walsh, and there are mixed emotions about it.

"I usually spend \$1000 to open the school store, but this year I only spent \$200 because I followed

the recommendations," Marry Hopper announced. "It also doesn't help that we are no longer open during passing periods."

"I think it is great that our district has a wellness policy. I think it will help make our students eat better because they normally go for what is there and what is easy. If what is easy is better it can't hurt," remarked biology teacher Trish Williams. With juvenile diabetes and childhood obesity rising in the United States, Natrona County is recommending healthier food for

Hopper to sell.

The school store's earnings benefit Association of Marketing and Managing Students (DECA) and Future Business Leaders of America (FBLA), so the school district is allowing this to be a transition year. "I am making sure the food in the school store has less than 300 calories, and either one or more grams of dietary fiber or less than six grams of fat. I am also selling green tea. Even though it has caffeine, it

has a lot of things that are good for you, and I am only selling sugar-free gum," stated Hopper.

"We need candy back; it didn't hurt anybody. And orange juice has as much sugar as pop," Beau Watt answered when asked about the food in the store.

Next year, the regulations will be stricter than this year to continue to encourage better nutrition among students.



Photo by Jessica Wilkinson.
Junior, Kyle Davis, ponders what he is going to eat during second block in the school store. With the new nutrition regulations students don't have the variety of food from years past.

Regulations for Nutritional Food Standards Components	Good Choices
	Honey roasted nuts
	Animal crackers or graham crackers
	Dry cereal
	Pretzels
	Pudding with milk
	Baked chips
	Best Choices
	Granola bars
	Fig Newton's
	Fresh Fruit
	Beef, buffalo Jerky
	String Cheese
	Milk
	Nuts and seeds
	Dried fruit
	Yogurt
	100% vegetable or fruit juices
	Water
	Frozen fruit juice bars
Not recommended to sell	
Soda water and other carbonated beverages	
Caffeinated drinks	
Water ices	
Chewing gum	
Hard candy	
Marshmallow candies	
Licorice	
Candy coated popcorn	
Chocolate bars	

The truths about Trojan traditions

Facts behind the Kelly Walsh mascot

By Hilary Hopkins- staff writer

The unfailing dedication of the Trojans is their allegiance; this is mirrored in the spirit embedded into the hearts of KW's students.

Although some may remember the Trojans only for their defeat in the Trojan War, the real reason behind their infamy lies elsewhere. The Trojans were emulated by others for numerous reasons. Their weapon design and skill were envied by many.

Derek Beamer exclaimed, "The Trojans were brave and fierce warriors, some of the best in Greece. They knew how to bring the thunder!"

After the Trojans were defeated by the Spartans in the Trojan War, as documented

in Greek mythology, Aeneas, a prince of Troy, took the remaining men of Troy on a voyage across the seas to find Italy.

Although it may have taken the warriors approximately 10 years to find the country, they finally reached their destination. According to the myth, upon his arrival, Aeneas found a lovely daughter of a King, Lavinia. He later became the founder of the city Lavinium. The founders of the great empire Rome were related to the last remaining prince of Troy. To this day, Rome is considered to be one of the greatest empires ever to reign on the earth.

The Trojans were considered honorable and true, and

never backed down in the face of their enemies. The Trojans of KWS carry on the tradition of nobility and dedication.

Although the people of Troy were defeated due to the trickery and fraudulent behavior of the Greeks bearing a gift, a.k.a. the Trojan Horse, the spirit of the Trojan warriors has never been extinguished.

Sophomore Josh Capasso agreed by stating, "The mascot is a way of showing that the Trojans may have been defeated once or twice, but they never gave up and kept fighting. It is a symbol of our dedication."

Today, all those who carry on the traditions of Troy are still weary of equine creatures.

However, unlike the legend of the spirit of the Trojans, Mustangs can be broken.

This undying spirit, then, is why they remain as mascots for so many. According to senior, Veronica Schmidt, "Trojans had cunning abilities and sly tactics, which shone brighter than winning the war in the end."

The Trojans were indeed noble warriors who, no matter what the situation, what the odds, or what the conditions, strived and knew that they must give all they had and never be weary in doing so.



The golden effigy of the Trojan is not only a tribute to the legendary warriors, it also serves as a memorial for former students. Richard Kastner and Randall Galspoole, who died while fighting in Vietnam as pictured on the enlarge view of the plaque on the rock. The courage and determination of the Trojans continues even after they leave these hallowed halls. Photo by Ashley Klone

Casper’s Majesty up in flames

Ferocious fire damages Casper’s beloved mountain

By Lauren Millay - staff writer

The sudden appearance of mysterious smoke rising behind Casper Mountain one morning shook Casper and its residents.

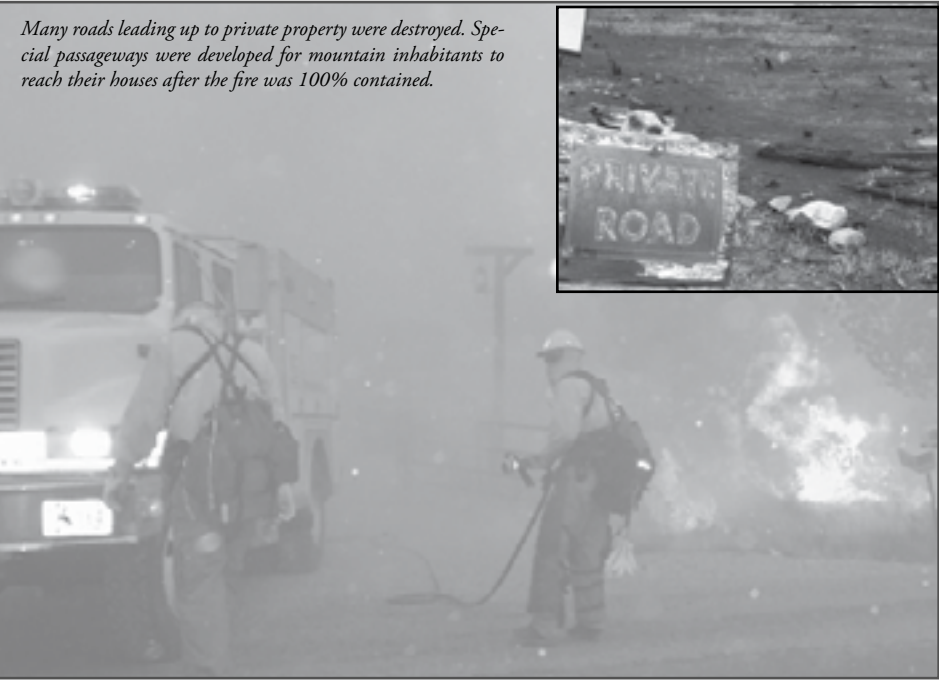
The blaze was spotted Monday, August 14th, at 11:30 am near Jackson Canyon. The mountain had been struck by lightning the previous weekend during a harsh rainstorm. Officials say the fire grew so rapidly due to the severe winds and dry conditions. “It can be really bad,” stated Fire Chief Clark Young, “If we get some weather change, it can make significant runs, cover a lot of ground in a short amount of time.”

Young was one of the 200 firefighters who reported to duty. Along with the increasing number of firefighters, were two helicopters and two air-tankers on duty. A countless number of people were volunteering to help as well. All civilians who were willing to contribute were told to donate water by the gallons for the firefighters. The brave firefighters that were on duty did not sleep a wink for the duration of the tragedy, for the fire was destroying by the minutes.

By the end of the first night a reported 1,500 acres had been destroyed and the fire wasn’t showing any sign of letting up. The blaze was barely four minutes away from Hogadon Ski Area by nightfall on Monday.

Into the next morning, the fire had destroyed 2,500 acres, was increasingly moving southeast. Residents of Casper Mountain had been ordered for an emergency evacuation and the 300 to 350 firefighters distributed crews for extra help to evacuate. Casper College opened its doors for the Red Cross to set up shelter to those evacuees in need of lodging during the tragedy. The only people whom officials granted access up the mountain road after its closure on Tuesday were residents retrieving pets and valuables. No one else was allowed under any circumstance.

Furiously continuing into Wednesday, August 16th, the fire was starting to worry officials on a whole new level; getting dangerously close to



Many roads leading up to private property were destroyed. Special passageways were developed for mountain inhabitants to reach their houses after the fire was 100% contained.



communication towers neighboring Hogadon Ski Area. If the towers were destroyed, all radio, television, and phone services would be terminated. Over 8,000 acres had been destroyed, including a cabin, still with no sign of relief. “Its already one of those where people are going to remember for a while,” expressed Chief Young.

Relief came to Casper residents Friday afternoon, four days after the blaze began, when they got word that the fire was somewhat contained. Still rapidly destroying acres, three more acres added to the amount through the night plus three more cabins, firefighters gained control over the better half of the fire. Firefighters totaled to about 55,000 gallons of fire retardant and 340,000 gallons of water, dropped by aircraft operations. By late Saturday, the 19th, 80% of the fire was now contained. Relief was on the horizon for horrified residents. Roads and subdivisions, including Casper Mountain Road opened back up for mountain inhabitants, Firefighters reminded residents that the fire was now 97% contained, meaning it was still not fully out. Casper was notified that smoke would still be visible until snow falls onto Casper Mountain.

The fire that lasted for over a week and burned more then 12,000 acres was determined fully contained on Wednesday, August 23rd. In its path it destroyed four identified cabins and more are still to be investigated. Casper residents agreed with officials when it was determined to be the biggest fire in Casper Mountain history. Signs have been posted everywhere near Casper Mountain from Casper residents, thanking firefighters’ efforts and commitment to the tragedy. “It’s amazing how quickly people pull together in a tragedy like this,” stated one mountain evacuee, “it makes you love what’s around you because these things can just happen by surprise.”



Photos courtesy by Tommy Russell
Signs thanking fire fighters were posted all over Casper Mountain Area. Citizens of Casper were very appreciative of fire fighter's efforts and commitment for the duration of the fire.

Yoga for beginners

How to get started

By Natalie Balerio - staff writer

Yoga, boxing and Pilates are a few things that women and men do to relax and release their stress.

The stretches and poses in yoga cleanse the mind, body and soul. An advantage of yoga is that it can be practiced anywhere to relieve stress or promote relaxation.

The beginning of school can be stressful for students. When the students need to relax, they could try using three stances.

To get started, students may want to try the Cat Yoga Pose (Bildalasana). According to www.abc-of-yoga.com these are the steps to this pose.

Step 1. Start on your hands and knees. Position your hands directly beneath your shoulders and your knees directly beneath the hips. Have your fingers fully spread with the middle fingers pointing straight ahead. Make your back horizontal and flat. Look at the floor. This is your “neutral” positioning. When



Junior, Mollie Smith, is in the “neutral” position getting ready to start some yoga. This position is step one of the Cat Yoga Position.

your pelvis is in neutral, your spine will be at full extension, with both the front and backsides equally long.

Step 2. As you wait for the inner cue, do not sag into your shoulders. Instead, create a line of energy through each arm by pressing downward into your hands and lifting upward out of your shoulders. Go back and forth like this several times to make sure you understand the movement. As you exhale, sag into your shoulders and do the incorrect action; as you inhale, lengthen the arms,

lift out of the shoulders and do the correct action.

Step 3. When you are ready to begin, breathe in deeply. As you exhale, turn your hips into “ Cat Tilt.” Do this by gently pulling the abdominal muscles backward toward spine, tucking the tailbone down and under, and gently contracting the buttocks. Press firmly downward with your hands in order to stay lifted out of the shoulders, and press the



Mollie is demonstrating the cat tilt position. This is step two of this pose.

middle of your back toward the ceiling, rounding your spine upward. Curl your head inward. Gaze at the floor between knees.

Step 4. As you inhale, turn your hips into “ Dog Tilt.” Do this by releasing the grip of the buttocks, reversing the tilt of your pelvis, and curving



Now, this position is the Dog tilt. This is step two of this yoga pose.

your spine into a smoothly arched backbend. The pubic bone will move backward through the legs, the sitting bones will turn upward, and the sacrum will change its angle.

Step 5. Keep the navel backward toward the spine as you do this, and continue pressing downward into your hands to lengthen the arms and stay lifted out of the shoulders. Lift your chest away from the waist, lift your head , slide the shoulder blades down your back, and either gaze at a point on the floor in front of you or upward toward the

ceiling - or close your eyes and immerse yourself in the way this feels.

Step 6. Feel the flow of the curve. Increase the curve by tilting your pelvis more and moving the spine deeper into your back, bringing the curve up your back. Do this without sagging into the shoulders. Arch the full length of your spine to its maximum.

Also according to www.abc-of-yoga.com, this second pose, which is called the Warrior Pose 1, should strengthen your legs, back, shoulders, and arms, building stamina. It opens your chest and hips and improves your balance.

Step 1. Start in the Mountain Pose. Take a big step forward with your right foot, approximately three feet for taller people, less if you are shorter. Your right knee should be directly over



Sophomore, Andrea Dahill, is standing in the mountain pose of the Warrior Pose 1. This is how you begin for this yoga pose.

your ankle, and your thigh should be parallel to the floor. Place your hands on your hips and square your hips forward. Keep both legs straight and hang your arms at your sides in the ready



Andrea is in step two of this pose. The Warrior pose is very soothing to your mind, body and soul.

position.
Step 2. As you inhale, raise your arms forward and up over your head, and at the same time bend your right knee to a right angle. You should feel that you are in a classic runners stretch, with a light pull in your left

calf.
Step 3. As you exhale, straighten your right leg and bring your arms back to the position as in step 1.

Step 4. Repeat 3 times, then hold step for 6 - 8 breaths. Straighten up.

Step 5. Repeat on left side.

The next yoga pose would be the Bow Yoga



Junior, Ashley Lyden, positions herself in step one for the Bow Yoga Pose.

Pose. This pose stretches and strengthens your back muscles.

Step 1. Lie down on your front, head down.



Ashley is lying in step two of the Bow Yoga Pose. She is positioning herself to get ready to rock back and forth.

Inhale up, then reach back with your hands and grab your ankles. Exhale.

Step 2. Inhaling,



Ashley is positioned herself in the final position for this pose. This pose is good for stretching your back bones.

raise your head and chest and, lift your ankles up, lifting the knees and thighs of backward and look up. Take three deep breathes in and then exhale and release it.

Step 3. Come into the Bow, then rock forward and backward as you inhale. Yoga is a good relaxing activity for students when they get stressed during school. Students can take classes at the WAC on Mondays and Wednesdays at 5:30p.m or Tuesdays and Thursdays at 7:30a.m

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S.L. Rottman (au-
thor of “Shadow
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Elaine Marie Al-
phin (author of
“Picture Perfect”) will be visiting
the Teen Zone to
share their
experiences as
authors.

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UP coming Events

The places to be in Oct. and Nov.

By Ashley Lyden- staff writer

Dates:	Events:	Opponent:	Time:	Contest Site:
Tue, Oct 10, 2006	Volleyball-Fresh	Twin Spruce	3:30 pm	Twin Spruce
Tue, Oct 10, 2006	Volleyball-Fresh	Sage Valley	5:15 pm	Sage Valley
Thu, Oct 12, 2006	Volleyball-Soph/JV/Var	Sheridan	4-5 & 6:15 pm	Sheridan
Thu, Oct 12, 2006	Football-Fresh	Douglas	4 pm	Kelly Walsh
Fri, Oct 13, 2006	Cross Country-JV/Var	CONFERENCE	3 pm	Riverton
Fri, Oct 13, 2006	Swim-Girls-Varsity	CONFERENCE	12 pm	Sheridan
Fri, Oct 13, 2006	Football-Varsity	Laramie	7 pm	Kelly Walsh
Sat, Oct 14, 2006	Swim-Girls-Varsity	CONFERENCE	10 am	Sheridan
Sat, Oct 14, 2006	Football-JV	Natrona	12 pm	Kelly Walsh
Sat, Oct 14, 2006	Volleyball-Fresh	Conf. Tourn.	TBA	Gillette - South
Sat, Oct 14, 2006	Volleyball-Soph/JV/Var	Gillette	11-12 & 1:15 pm	Kelly Walsh
Sat, Oct 14, 2006	Football-JV	East	12 pm	Kelly Walsh
Mon, Oct 16, 2006	Football-Soph	Natrona	5 pm	Kelly Walsh
Thu, Oct 19, 2006	Football-Fresh	Centennial	6 pm	Kelly Walsh
Fri, Oct 20, 2006	Volleyball-Varsity	REGIONALS	TBA	Gillette
Fri, Oct 20, 2006	Football-Varsity	Natrona (Oil Bowl)	4:45 pm	Kelly Walsh
Sat, Oct 21, 2006	Cross Country-Varsity	STATE	10 am	Cheyenne
Sat, Oct 21, 2006	Soph Football-Soph	Laramie	11 am	Laramie
Sat, Oct 21, 2006	Volleyball-Varsity	REGIONALS	TBA	Gillette
Thu, Oct 26, 2006	Swim-Girls-Varsity	STATE	TBA	Gillette
Fri, Oct 27, 2006	Football-Varsity	1st Round Play-offs	TBA	TBA
Fri, Oct 27, 2006	Swim-Girls-Varsity	STATE	TBA	Gillette
Fri, Oct 27, 2006	Volleyball-Varsity	STATE	TBA	Casper (CEC) Casper
Sat, Oct 28, 2006	Volleyball-Varsity	STATE	TBA	(CEC)
Fri, Nov 3, 2006	Football-Varsity	2nd Round Play-offs	TBA	TBA
Fri, Nov 10, 2006	Football-Varsity	Championship Game	TBA	TBA

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...Trojan spirit is alive!

“Band of Brothers” Offensive line presses through season

By Lana Christensen - copy editor

The offensive line is the most underappreciated part of any football team. “Although it may be true that most games are won or lost in the trenches, what brings crowds to their feet isn’t a great block, but the resulting 35 yard run. It’s not the pass protection that makes them roar, but the 60 yard pass reception. Unfortunately, about the only time the offensive line rolls up yardage is when they apply the tape that holds together everything from broken fingers and cracked ribs to twisted knees and separated shoulders. But while tape holds together the line, it’s the line that holds

together the team. They are the team’s driving force; the single unrelenting source of inspiration. Together. Hungry. Putting it on the line.” This anonymous quote describes the purpose and the importance of the offensive line. Lead by Coach Duane Reimer and senior captain Tyler “Luscious” Lynch, the 2006 offensive line aspires to follow the Trojan tradition of greatness. Being the only returning starter from the 2005 offensive line, Lynch has some large shoes to fill. Juniors Joel Holbrook and Dalton Powers, and seniors Cory Snyder and Kevin

Stanik stepped up to fill the prestigious starting positions of last year’s graduated seniors. When asked how he felt about the change from last year’s offensive line to this year’s new one, Lynch explained, “I miss them, but I’m not letting that get in the way, ‘cause this year we have a chance to be great.” Although this year’s line may be inexperienced, they have great potential and are so far proving themselves capable. As a result of the line’s success during the KW vs. Cheyenne East game on the evening of Friday September 8, 2006, junior Eric Heiss was able to

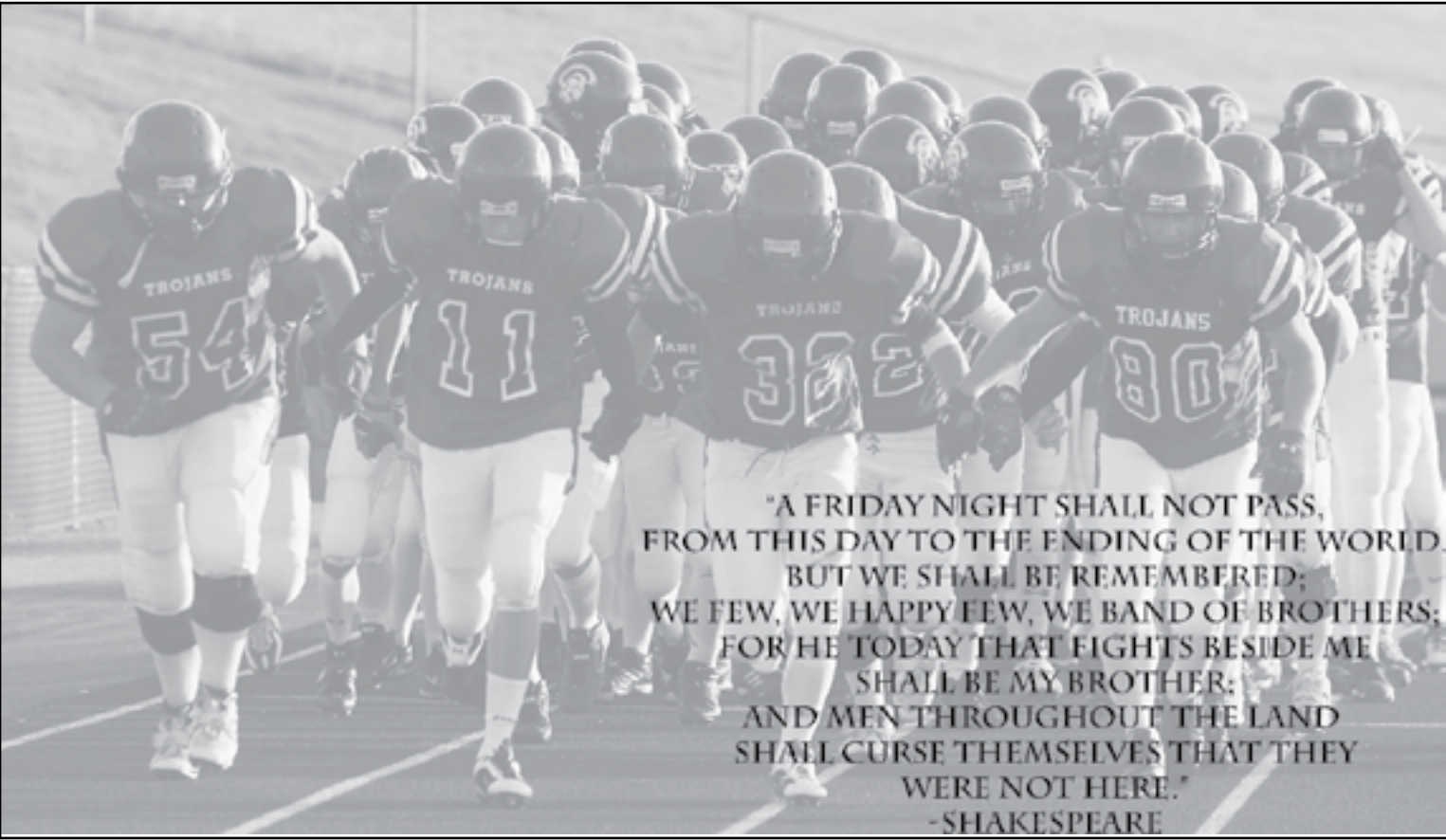
score four touchdowns and intercept one pass. The line’s accomplishments during the game on the night of Friday September 1, 2006 lead the team to their 28-22 win over the 2005 state champions, Cheyenne Central!

Despite the lack of recognition to the offensive line, their job shines through the success of the additional offensive payers.

Some may think there is no glory for being one of the few and the strong offensive linemen, but the real praise comes while watching their fellow offensive teammates make the game’s winning play.



Photo by J. McCoy
The offensive line, lead by Tyler “Luscious” Lynch, falls into position during the Cheyenne Central game on Fri. Sep. 1, 2006. The Trojans were victorious over the Indians 28-22!



“A FRIDAY NIGHT SHALL NOT PASS,
FROM THIS DAY TO THE ENDING OF THE WORLD,
BUT WE SHALL BE REMEMBERED;
WE FEW, WE HAPPY FEW, WE BAND OF BROTHERS;
FOR HE TODAY THAT FIGHTS BESIDE ME
SHALL BE MY BROTHER;
AND MEN THROUGHOUT THE LAND
SHALL CURSE THEMSELVES THAT THEY
WERE NOT HERE.”
-SHAKESPEARE



Photo by R. Diller
Senior, Jillian Fos takes a swing during the Tin Cup. The girls golf team, although made up of only three varsity competitors, still received second place at the state tournament.

Photo by J. McCoy
Running during the Casper invite, sophomore Bryan Wolf out lasts two Natrona runners. The boys cross country team prepares themselves to compete in the state competition on Oct. 21.



Photo by R. Diller
Junior Derek Jackson carefully analyzes his play during the Casper Invite on the 28-29 of Aug. The boys tennis team ended up eighth place at the state tournament this year.



Photo by T. Russell
Taking a swing, sophomore Michelle Burbach returns a serve during a match against Green River. The girls tennis team placed seventh at the state tournament in Cheyenne, WY.

GO BIG GREEN

Fall Sports



Photo by T. Russell

Taking a back swing, senior Zach Hutchinson prepares to return the ball during a match this season. The boys tennis team placed eleventh at the state tournament in Cheyenne.



Photo by J. McCoy

Going up for the kill, junior Kristin Gliscinski plays a three game win over Riverton. The volleyball team makes their way to the State Tournament, held Oct. 27- 28.



Photo by J. McCoy

Making a beautiful entry, senior Riane Menardi starts off the blocks during a home meet against Riverton. Menardi along with eight others are qualified and ready for the state meet.



Photo by J. McCoy

Senior Felicia McAfee runs during the Casper Invite on Aug. 25. The girls cross country team trained hard this season in preparation for the state tournament.

A Season of Hope

K Dub’s new coach and the plan for success

By Brian Ridgeway - staff writer

“The sky is the limit; we can be as good as we want to be.” This is the philosophy the new Kelly Walsh men’s basketball coach, Tim Nolan.

After leaving NC, Nolan must have had an epiphany and seen the light. Nolan chose to come to Kelly Walsh and has been cherished as part of the staff ever since.

He has been forgiven for the infamous “barking dog” incident his Mustangs pulled on the unsuspecting Trojans in the mid-nineties, gaining him brief national attention. Now irony has twisted and put him in the position of the new head men’s basketball coach here at Kelly Walsh. The path that lies ahead is vast and unforgiving, with Gillette and NC returning with strong teams to challenge the Trojans for the 4A North Crown. Thankfully, Nolan has an arsenal of speed and untapped talent in the crew returning from last year’s Junior Varsity and Varsity squads.

Nolan’s past experience will serve him well as he takes the reins of a team with many question marks. He started his coaching career in 1972, coaching football and basketball at Wilmont High School in Wisconsin and then Greybull, WY before coming home to Casper. At Natrona, he was awarded Coach of the Year at the end of his coaching career.

Last spring, former head coach Kreg Adams retired from his post leaving behind a wake of uncertainty in the minds of the underclassmen players.

Junior, Erik Heiss shared this concern, “We don’t know what is expected of us as a team and individuals.” This will be another struggle many of the players will have to face learning a new coaches style.

One thing is for sure, it’s going to be a ride for Kelly Walsh fans this year. As senior Korey Downing put it, “New beginnings and new ends, hopefully no early exits.”



Photo By Brian Ridgeway
Tim Nolan explains the art of defensive driving during his Drivers Ed class. Expecting excellence at the highest degree, Coach Nolan teaches on and off the court.

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Seniors

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Catching the invitation fever

Ideas on asking a special someone to COED

By Kaity Hughes- staff writer

Whether it’s candle lit dinners or candy messages left in a balloon filled room, asking a date to COED can be a tedious task. Here are some ideas to get the creative mind running.

WhenseniorBrittney Bisar recalls some of her most romantic invitations, a rose petal pathway ending in a candle lit dinner for two was amongst the most memorable. To turn the scenario around into a girl ask guy, change the rose petals to a path of potato chips and have it end in a box of pizza with COED spelled in pepperoni.

On the lighter side of asking a date, senior Kaylin Potter bought a few of the classic glow in the dark stars and wrote a personal starlit message on the ceiling of her date’s room. If this idea is something that trips your trigger, be creative with the phrasing of the message. Use the words, “It would be out of this world if you would go to COED with me.” The more creative you are the better.

“The thing about asking, whether you’re being asked or you’re asking someone, is that the element of surprise is everything. Sur-

prising a person makes them feel special,” junior Lauren Popish commented about her previous asking experience.

In order to surprise your date, a creative idea is to decorate his room. Girls, remember the way to a guy’s heart is through his stomach, so using candy or a traditional Big Mac, in your invitation is always a good idea. Incorporate both of these ideas by putting a candy message in a balloon-filled room for him to come home to. This may require some parental help, but it is a fun and exciting way for

your soon-to-be date to experience the COED feeling.

“I had balloons everywhere in his room and had posters that spelled out COED on them. Then to find out who was asking him he had to crack a symbol code that I had made up,” Courtney Brackenridge, a junior, explained about one of the times that she has asked a date to COED.

Not only does the invitation have to be creative, but it should be a puzzle for them to find out just who is asking. Courtney used a symbol puzzle, but that is not the only way. Another

creative idea to reveal your identity is to put the letters of your name in a series of balloons and have your date pop the balloons and put the letters together.

It is best not to be present while you are asking your date. Not only does this add adventure and excitement, but it also allows your date to be creative with his or her response.

Now that some ideas have been revealed, here is a final thought for one particular date. Justin Meidinger, Alex Young would love it if you were her date to COED this year.



After calling Kelsey Knight to the front of the Homecoming assembly, Tyler Lynch (Lucious) accepted his invitation to COED. Kelsey held a banner in front of the student body at the Homecoming assembly asking Lucious.



Senior, Tyler Lynch jumps through Kelsey Knight banner asking him to COED Ball. This year Kelly Walsh students can participate in the Gilligan's Island themed dance on November 4.

Merrill Lynch

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A behind the label taste test

You think you know but you have no idea

By Regan Diller and Brian Ridgeway - production manager and staff writer

Is paying \$2.50 for something as simple as water really worth the cash?

From Fiji to Evian, students around Kelly Walsh can often be seen toting expensive bottles of supposedly the purest water from the purest wells from around the world. Is it worth it? That is what we are out to find!

Okay, so here is the run down; we selected five different one-liter bottles of water, ranging in price from \$1.29 to \$2.49, and we also added tap. The five test subjects each tasted all the types of water and rated them on a scale of one to five, five being the best. They rated them in the categories of clarity, odor, taste description and taste evaluation. The subjects did not know what cup



Photo by Regan Diller

Junior Bob Schmitt drinks his water with a smile on his face. Bob was surprised to find the Evian was his number one choice.

held what type of water.

The overall winner of the six different waters tested was Evian. Bottled in the French Alps, this fresh treat costs around \$2.49. Followed in a close second was the Big K brand bottled water, which runs at \$1.29. Arrowhead (\$1.49), Fiji (\$2.49) and Dasani were all tied for a close third followed up by tap in dead last. After testing the tap water, Maryy. Hopper, KW business teacher exclaimed, “ It tastes like there is a skillet in my mouth!”

Senior, Christa Schriber’s pick for the best water was the Evian. She picked it because, “It tastes very clean and refreshing, along with no after taste.”

The next time you’re looking for the ultimate thirst quencher, don’t be so inclined to go for the coolest bottle or the highest price; go for the best taste!

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! Kelly Walsh Key Club !

-Caring. Our Way of Life-

What: Beginning of the year introductory pizza party!

When: Tuesday, October 17

Where: The Foreign Language Wing - Outside Ms... O’Brien’s Room

Be there and bring a friend!

Pursuit of Trivial Mediocrity

By Sean Bell – copy editor and Tommy Russell – head designer

- Anyone under the age of 21 who takes out household trash containing even a single empty alcohol beverage container can be charged with illegal possession of alcohol in Missouri.
- Marijuana affects memory, judgment and perception. If you are high on marijuana, you are more likely to make mistakes that could hurt you. Athletes could find their performance is off; timing, movements and coordination are all affected by THC (Tetrahydrocannabinol).
- On average women blink nearly twice as much as men.
- Some studies show that when people have smoked large amounts of marijuana for years, the drug takes its toll on mental functions. Heavy or daily use of marijuana affects the parts of the brain that control memory, attention and learning. A working short-term memory is needed to learn and perform tasks that call for more than one or two steps.
- Police dogs are trained to react to commands in a foreign language; commonly German, but more recently Hungarian.
- Right-handed people, on average, live nine years longer than left handed people!
- If a man farted non-stop for six years and nine months and then lit it he would produce an explosion equal to the power of the first atomic bomb!
- Taking large amounts of Ecstasy over a long period of time has the effect of taking pieces the size of ice cream scoops out of your brain.
- Recent findings connect use of Ecstasy to memory loss. Use of Ecstasy depletes serotonin, a very important chemical in the brain which regulates mood, sleeping and eating habits, as well as, the thinking and behavior process, and sensitivity to pain.
- There are 10 human body parts that are only three letters long (eye, hip, arm, leg, ear, toe, jaw, hip, lip, gum).
- Cocaine causes cardiovascular problems, including irregular heartbeat, heart attack and heart failure.
- Other effects of Cocaine include: sleeplessness, diminished sense of smell, perforated nasal septum, nausea and headaches.
- Brushing your teeth with your less dominant hand can help fight Alzheimer’s.

In the words of Bill Nye “ Now you know.”

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The Critique

A brief synopsis on life in the culture of LP’s

By Paul Gallegos – copy editor

Pitchfork Scale: 1-10

Alright, so for the longest time the ratings on CD’s in this publication have been classified by a scale of four. Well, I use the Pitchfork Media scale because there is just too much in the dynamic of an album to be held to a limited rating scale.

Jurassic-5: *Feedback* (8.5)

Jurassic-5 is one of those groups in the underground hip-hop scene that has continuously put out quality material. Feedback once again shows the lyrical genius the members of J-5 possess. Throughout the album you take a ride through jams with an old school feel like “Back 4 You” and “In The House” that have shades of the Sugar Hill Gang. More modern feeling songs like “Brown Girl” feature Brick & Lace, and “Work It Out” has an odd mash-up with Dave Matthews Band. Tight beats and rollicking lyrical waterfalls make this an album to get. There is no need to have to listen to how amazing the artist is over and over on this album. It’s fun-loving and as usual, includes a message about where they came from.

Bob Dylan: *Modern Times* (6.5)

It has to be said that Bob Dylan is easily the best songwriter of the century. He was the voice of a rebellious generation with songs like “Blowin’ in the Wind” and “The Times They Are A-Changin’.” As for Dylan’s latest effort with Columbia, Modern Times falls short of the mystique of his past works. In this album it’s as if Dylan is desperately

attempting to recapture the deep emotional impact of his past albums. The album does have good pacing with toe-tapping tempo in “Rollin’ and Tumblin’”, and laid back flow in “Workingman’s Blues #2.” I can’t in good conscience allow my bias towards Dylan say this is an album to buy. It’s unfortunate to say, but he’s become an

though, Bob. Nelly Furtado: *Loose* (4) Nelly, Nelly, Nelly... I know most of you have already k n o w n about Nelly Furtado’s duet with

Records hit pay dirt with this Portuguese beauty though. Clubs all over the U.S. and Europe will surely have these songs ripping from their towered amps to coax

album for what it is, a sexy pop album soon to be used at proms everywhere. I had a good chuckle at Furtado’s attempt at depth in her song “In God’s Hands”, that shows how out of touch she is. Music like this is truly addictive, uh, I mean repulsive, and should only be taken in moderated doses. So don’t buy this album, but I know you will.

The Front: *Sounds of the New Frontier* (9)

If you ever find yourself on Center St. in downtown Casper, pop into Sonic Rainbow CD’s and say “hi” to Lauren who works there. You would never guess that this genuinely nice person could produce the sounds she can in her band, The Front. Casper’s own punk band features Lauren Bayert on vocals, Steve Bezold on guitar, Mike Bezold on bass and vocals, and Hannah Green on guitar and vocals. This new album features the amazing talent these four Casperites feature. It is only a matter of time before this group will move on to bigger and better things but until then, pick up this CD. All ten tracks are worth listening to. It’s just one of those albums that you don’t skip songs on. Now go out there and support this local talent!

Much love to Sonic Rainbow CD’s for providing the material
Check em’ out at 140 S Center for the finest independent record store in Casper

Technology compacting for the future

New gadgets and gizmos built fun and fancy

By Riane Menardi - copy editor

Throughout time there have been several global inventions that have changed the course of history: the printing press, the telephone, the television, the PC. Yet the best is still to come, and this year promises to bring a plethora of fun and fascinating new toys.

Apple’s iPod roared onto the technology scene in 2001 and has plowed its way to the top of the music industry. Today 75% of music players sold are iPods. With a new model every few months, Apple has insured their lasting popularity and success. So what is hidden up their sleeves this time? New and improved iPods that have longer battery life, and even more storage room than ever. New Nanos range from \$150 to \$250 and have a harder, longer lasting exterior. Regular iPods can now hold 80 gigabytes of movies and music and have a longer battery life.

Apple’s newest idea

however, is a device called an iTV, which will be capable of playing every digital movie, song, or tv show stored on a computer. This will be available early next year for the cost of \$300.

iPod has also teamed up with Nike to release a new way to enjoy music and burn calories all at once. The new Nike Plus style shoes and matching iPod chip allow runners to track their distance, speed, calories burned, and performance over time while still enjoying their favorite tunes. With this device it is possible to set goals and track them over days, weeks, or months. When the runner falls off pace, the iPod automatically plays a designated “pump up song” to get going. The “Pebble”, which fits inside the shoe, costs about \$20, while the Nike shoes run for \$80.

Apple isn’t the only company using the nation’s exercise craze to release new

technology. Walkman’s new S2 Sports MP3 player is made for the workout maniac. It is about the size of a tube of lipstick, and comes with an armband. It has a stopwatch, a counter that measures distance and calories burned, and is also completely waterproof. One doesn’t even have to push any buttons to change music with this device. Just three shakes of the tube within two seconds will set the player in shuffle mode.

Perhaps the most amazing new invention coming out soon is a new micro-computer the size and shape of a pen. This incredible portable computer projects the images on a normal computer monitor onto a wall, and the image of a keyboard onto the table. Using bluetooth technology this computer allows people to do the same things as with a regular PC without taking up nearly any space.

Knowing more today

than ever, it is possible to create concepts and ideas that will forever change the world. Already a scientist named Roger Shawyer is exploring the possibilities of

electromagnet engines that would enable a vehicle to hover. If this is possible, then who knows what the world will be like in 10, 20 or 30 years.



New iPod Nanos await customers at the local Wal-Mart. The new design was released at the end of this summer.

Photo by Riane Menardi

Random Drug Testing

By Lindsey Neely – copy editor

Random drug testing is quite popular now days. Many schools have begun to randomly drug test students. At Kelly Walsh the only extracurricular activity that does randomly drug test students is Super Stars.

Some people might view this as being dumb and wasteful. So why are people constantly throwing around such a preposterous idea?

In an average senior class of twenty-five students, five people are on drugs of some kind.

Random drug testing in schools is a fairly new idea, and schools in various

states already have begun. However, there are certain conditions for students to be eligible for random drug testing. The student must be in an extracurricular activity of some kind, or they must have a parking pass.

Although there was resistance at first at these schools, now many people are welcoming it due to positive aspects associated with the testing.

Random drug testing has produced safer environments at some schools. More students are aware of what they are learning, and there are fewer

distractions from impaired students.

Also, the testing puts rumors as to who is and isn’t using to rest.

On the flip side, why should students be forced to be drug tested? If students have to be tested, why shouldn’t teachers? Then, if teachers have to be tested, what about administrators? Where does it stop? Also, if someone refuses to be tested, that person is assumed guilty even though he may be adamant about his civil liberties.

Another obvious concern is money. Where

would all the money come from to pay for these tests? School districts could certainly spend the money for drug testing on other items, including the effects of drugs on individuals and family and friends. Increasing education could, in the long run, be much more successful and frugal.

The debate of drug testing continues to be a hot topic to debate, with most people having a distinct view on one side of the issue or the other.

Parents certainly have every right to test their children if they

have suspicions; however, the schools do not have to take over yet another parental role. In some cases, the testing could be recommended by a school official if their is a suspicion, but ultimately, it needs to be a decision made by the parents. If they are the ones involved in the lives of their children, helping them to make choices to ensure future success, everyone wins. With all entities working together, students who may be using can get the help they need.

We will be accepting letters to the editor for the November issue of the Kelly Kall until November 10th.
Bring letters to Ms. McCoy in room 48.

Kelly Kall

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Responding to the *Kelly Kall*
Letters to the editor will be accepted for the November issue until November 10, 2006. Letters may be submitted to KWHs Journalism in Room 48, placed in the mailbox of Jeannette_McCoy@ncsd.k12.wy.us, or mailed to us at the school. All letters must be signed and names will be published. Letters may not contain personal attacks against an individual and may be edited for libelous content and/or length.

Purpose

The *Kelly Kall* is a student publication sold to all students, faculty, staff, parents, and community members involved with Kelly Walsh High School. The newspaper serves as a public forum for expression and two-way communication for both the school and community. Opinions expressed in the newspaper are not necessarily that of KWHs.

Credentials

The newspaper is a member of the Wyoming High School Press Association and Quill and Scroll.

Advertising

Businesses are encouraged to advertise in the *Kelly Kall* when their ads adhere to specified guidelines. The policy is available in Room 48.

Content

The editors are responsible for all content. Editors and staff aim to provide balanced coverage of the news and its significance.

Staff

This list contains the names of editors only. For a complete list of the *Kelly Kall* staff, visit the Kelly Walsh High School website.

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